Jeremy Lefroy has been the Member of Parliament for Stafford (UK) since 2010, representing the Conservative Party.

He was formerly one of the three Conservative Councillors for the Westlands ward in Newcastle-under-Lyme Council. In his role as a Councillor, he served as a Cabinet Member for Resources.

Since his election as MP, he has served on the International Development Select Committee and the Health and Social Care Bill Committee. He is a member of the All Party Parliamentary Groups on Africa, Energy Studies, Food Security in the Developing World, Fuel Poverty, Global Security and Non-Proliferation, Great Lakes Region of Africa, Guinea-Bissau, Human Rights, Human Trafficking, Interfaith, Overseas Development, Penal Reform, Prevention of Genocide and Crimes against Humanity, Tanzania, Trinidad and Tobago, and Zambia, as well as the Britain-Palestine, British-American and British Swiss Parliamentary Groups.

Lefroy believes in tackling poverty through enterprise and job creation and founded the charitable trust Equity for Africa, which provides equity-type funding for small- and medium-sized enterprises (SMEs) in Africa. In 2010, he helped to establish the charity Stafford Works, which promotes apprenticeships, job creation and entrepreneurship in Stafford constituency.

Between 1989 and 2000, Lefroy worked in the coffee industry in Tanzania. On returning to the UK, he worked on assisting smallholder farmers in East Africa until his election to Parliament. Lefroy has also served on the Independent Monitoring Board of a Young Offenders Institution and as a school governor, and assists a local church youth group.